



USING AI TO HELP YOU REFRAME

Overview

This guide demonstrates how to apply the MHA Labs REFRAME Method to turn a traditional history lesson into a skill-building opportunity. It is anchored in an activity where students identify three long-term impacts of the Civil War on modern society.

ChatGPT Prompts Used to Create This Guide

These are the exact prompts used to collaborate with ChatGPT in developing this lesson guide.

1. "Hi, I have uploaded a skill framework that I want to use to improve a youth activity I am working on. Can you study it and learn each of the 35 skills."
 2. "Next, I am going to describe an activity and I want you to identify 1-3 of the 35 skills (in the exact language) that you think will be most relevant. I am a history teacher and I am asking students to identify what three long term impacts of the civil war to they see in modern society."
 3. "I have uploaded a method I would like you to apply to help me focus on building these skills. You have already done the first step of revealing targeted skills. Can you study the method and then give me suggestions for the remaining steps."
 4. "In the feedback session can you start with how the instructor can give feedback more ongoing."
 5. "Fantastic. Now can you create a handout of this and include all the prompts. I am creating a document to show how people can utilize your skill to create skill building lesson plans."
 6. "I'm sorry, I meant the entire chat from the very beginning."
 7. "Can you add all of the prompts I used to create this. I am trying to show others how to use ChatGPT."
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REFRAME Step 1: Reveal Targeted Skills

Targeted MHA Labs skills selected for this lesson:

Problem Solving

- **Defines problems by considering all potential parts and related causes.**
- **Gathers and organizes relevant information about a problem from multiple sources.**

Communication

- **Organizes information that serves the purpose of the message, context, and audience.**

REFRAME Step 2: Establish Performance Evidence

Clearly define what student success looks like for each targeted skill:

Skill	Observable Student Performance
Defines problems by considering all potential parts and related causes	Identifies Civil War root causes and connects them to distinct modern issues.
Gathers and organizes relevant information	Uses evidence from multiple sources (notes, texts, current events).
Organizes information for audience and purpose	Structures argument clearly with logical flow and appropriate language.

Options: Use this as a student-facing rubric, checklist, or anchor chart.

REFRAME Step 3: Focus on Activity Design

Design activities that allow repeated practice and differentiation:

- **Opening Prompt:** "What's one way the Civil War still shapes life today?"
- **Mini-lesson:** Analyze a model response.
- **Pair Brainstorming:** Link Civil War events to present-day issues.

- **Independent Work:** Write or present three long-term impacts.
 - **Repetition:** Revisit this skill in future history units.
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REFRAME Step 4: Reinforce Expectations

Introduce and reinforce skill expectations with clarity:

- **Skill Spotlight Slide:** Display skill definitions in student-friendly language.
 - **Do Now:** "What makes a good explanation of a long-term impact?"
 - **Model & Critique:** Use anonymized student samples to identify strengths and areas for growth.
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REFRAME Step 5: Assess Using Feedback

Purpose: Make feedback a regular, low-stakes, skills-centered part of your class.

Ongoing Instructor Feedback: Integrate feedback throughout the learning process

Live Skill Tagging

- Narrate or call out target skills during classroom work:
 - "That's a great example of gathering evidence from multiple sources—strong!"

Mini-Feedback Moments

- Use sample student work (anonymized or volunteered) to highlight or critique:
 - "What skill is this demonstrating?"
 - "What's one way to push it further?"

Sticky Notes or Margins

- Leave short, specific feedback directly tied to skills:
 - "This shows a clear understanding of cause and effect—can you go deeper on consequences?"
 - "Try organizing your three examples with a clear lead-in sentence to help the reader follow."

Skill Circles

- Group 3–5 students working on similar skill challenges:
 - Offer 5–10 minutes of targeted coaching during work time.

Empower Peer Feedback: Use simplified criteria or checklists aligned to your skill targets

Peer Review Prompts:

- Did your partner name at least three impacts?
- Is each impact clearly connected to the Civil War?
- Can you suggest one place they could add more evidence?
- Does the explanation follow a clear, logical structure?

Promote Self-Assessment

- Encourage reflection before, during, or after the activity:

Self-Reflection Prompts:

- Which of the three skills do you feel most confident about so far?
- Where did you struggle to find or organize your evidence?
- What's one revision you'll make to better show your thinking?
- How did you connect the past (Civil War) to the present?

REFRAME Step 6: Magnify Recognition

Celebrate visible skill growth to build confidence:

- **Public Shoutouts:** "Jayla made a strong connection between Civil War policies and modern voter suppression."
- **Skill Badges:** Printable or digital recognition for each skill.
- **Classroom Wall Display:** Post exemplary work tagged with the skill demonstrated.

REFRAME Step 7: Explore Meaning Making

Help students transfer their new skills into other life contexts:

Meaning-Making Prompts:

- "Where else in your life have you connected past events to present challenges?"
- "How might defining root causes help you in everyday conversations or decisions?"
- "Why do you think the ability to organize and explain ideas is important in the real world?"

Encourage open discussion or short journal reflections separate from performance evaluation.

This complete REFRAME lesson walkthrough shows how any traditional academic activity can be transformed into a high-impact skill-building experience.